



USSF PLAYER DEVELOPMENTAL INITIATIVES

Birth Year Modifications for Presidio & SDDA 2016 Fall Season

Birth Year				2008	2007	2006	2005	2004	2003	2002	2001	2000	1999	1998	1997
Field Size ¹				60 x 40 to 70 x 50*	60 x 40 to 70 x 50*	60 x 40 to 75 x 55**	100 x 60 ¹ to 120 x 80	100 x 60 ¹ to 120 x 80	100 x 60 ¹ to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80	100 x 60 to 120 x 80
Number of Players on Field ²				7 v 7	7 v 7	9 v 9	11 v 11 ²	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11	11 v 11
Goalkeeper				YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Match Time				2 x 25 mins	2 x 25 mins	2 x 30 mins	2 x 30 mins	2 x 35 mins	2 x 35 mins	2 x 40 mins	2 x 40 mins	2 x 45 mins	2 x 45 mins	2 x 45 mins	2 x 45 mins
Halftime				5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN	5 MIN
Ball Size				4	4	4	4	5	5	5	5	5	5	5	5
Goal Size				6 x 18 or 7 x 21	6 x 18 or 7 x 21	6 x 18 or 7 x 21	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24	8 x 24
Heading Policy ³				NO	NO	NO	YES ³	YES ³	YES	YES	YES	YES	YES	YES	YES
Offside				YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES	YES
Max. Presidio & SDDA Roster Size				14	14	18	18	18	18	18	22	22	22	22	22
Max. Game Day Roster Size				14	14	18	18	18	18	18	18	18	18	18	18
Max. State & National Cup Roster Size				14	14	22	22	22	22	22	22	22	22	22	22

* Joint use field can be up to 70 x 50 (If combined with 2006 Field)
 ** Field could be longer but not longer than 90 yards
¹ Note: 2003 to 2005 the field could be on the smaller size shown
² Note: The 2005 Age Group will be exempt from the 9 v 9 requirement for the 2016-17 playing season and will play II v II format
³ Heading allowed in games but limited heading at practice per U.S. Soccer Initiatives Player Development

Presidio/SDDA is implementing the following rule on “Heading the Ball”.

Presidio is implementing the following rules regarding Heading of the Ball for youth players in practice and games:

1. Players 2006 and younger shall not engage in heading, either in practices or in games.
2. Limited heading in practice for players 2004 and 2005 age groups. These players shall be limited to a maximum of 30 minutes of heading training per week, with no more than 15-20 headers per player, per week.
3. Clubs / Teams should be aware of circumstances in which individual consideration is needed. For example: A 10 year old playing at 2004 or older should not head the ball at all; an 11 or 12 year old playing at 2003 or older should abide by the heading restrictions in practice.
4. Referees should enforce these restrictions by birth year according to the specified rules for that age group.
Referees will not be assessing the age of individual players on the field; they will enforce the rules for the age group.
To calculate the age group of a team, subtract the team’s birth year from 2016. (example, 2016 - 2005 birth year = Age 11)
5. In the opinion of the referee, when a player deliberately heads the ball, an indirect free kick (IFK) will be awarded to the opposing team from the spot of the offense. If the deliberate header occurs within the penalty area or goal area by either team, the indirect free kick (IFK) is taken by the opposing team on the penalty area line parallel to the goal line at the point nearest to where the infringement occurred.